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British Hypertension Society

10th BHS Clinical Education Meeting for Primary Care

A one-day educational meeting for
general practitioners and other primary
care healthcare professionals

May be deemed suitable for your
CPD programme

Tuesday 18th November 2008

**Manchester
Conference Centre**

Invitation and Programme

INVITATION

Dear Colleague

We are pleased to announce the 10th British Hypertension Society Clinical Education Meeting for Primary Care, which will be held at the Manchester Conference Centre on Tuesday 18th November 2008.

This educational programme is intended to support best practice and successful implementation of evidence-based management and guidelines. Over 1,000 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended British Hypertension Society Clinical Education meetings and feedback has been highly positive. For this meeting we have constructed a programme based on feedback from previous meetings to consider pragmatic approaches to reducing cardiovascular disease and achieving targets. To facilitate interaction, case-based issues will be considered utilising keypad voting.

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists and Supplementary Prescribers in cardiovascular risk.

Dinner and accommodation is available on Monday 17th November 2008 at the Palace Hotel, Manchester.

We wish to thank our sponsors Bristol-Myers Squibb/Sanofi-aventis, Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals UK Ltd., Pfizer Ltd. and Takeda UK Ltd. for providing educational financial grants towards the cost of this independent educational meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.



Professor Gordon McInnes
President
British Hypertension Society



Dr. James McLay
Co-Chairman
BHS Educational Programmes Working Party

PROGRAMME

08.00 - 09.00 **REGISTRATION AND COFFEE**

Session 1 - Reaching Targets I

Chair: Dr. James McLay
University of Aberdeen

09.00 - 09.20

1.1 What do ABPM and home blood pressure measurements actually mean?

Professor Paul Padfield
Consultant Physician, Western General Hospital, Edinburgh

09.20 - 09.30 Discussion

09.30 - 09.50

1.2 Lipids: what's right and what's wrong in the real world

Professor Lewis Ritchie
Mackenzie Professor of General Practice and Primary Care, Foresterhill Health Centre, Aberdeen

09.50 - 10.00 Discussion

10.00 - 10.20

1.3 Who fails to achieve blood pressure and lipid targets - patients or doctors?

Professor Francesco Cappuccio
Cephalon Professor of Cardiovascular Medicine and Epidemiology, University Hospital Coventry

10.20 - 10.30 Discussion

10.30 - 11.00 **COFFEE**

Session 2 - Reaching Targets II

Chair: Professor Tom MacDonald
Ninewells Hospital and Medical School, Dundee

11.00 - 11.20

2.1 Investigating the hypertensive who does not reach target in primary care

Professor Tom MacDonald
Ninewells Hospital and Medical School, Dundee

11.20 - 11.30 Discussion

11.30 - 11.50

2.2 What are the treatment options to get the resistant hypertensive to target?

Professor Peter Sever
Professor of Clinical Pharmacology, Imperial College London

11.50 - 12.00 Discussion

12.00 - 12.20

Panel Discussion led by Professor Tom MacDonald
Questions from the morning

PROGRAMME continued

12.20 - 12.40

Hypertension as a primary care subspeciality: the education and training implications

Professor Neil Jackson

Dean of Postgraduate General Practice Education, GP Department, London Deanery

12.40 - 12.50 Discussion

12.50 - 13.50 **LUNCH**

Session 3 - Children and Teenagers

Chair: Professor J. Kennedy Cruickshank

Manchester Royal Infirmary

13.50 - 14.20

3.1 Should we be measuring blood pressure in children and teenagers?

Dr. Jane Deal

Consultant Paediatric Nephrologist, St. Mary's Hospital, London

14.20 - 14.30 Discussion

14.30 - 14.50

3.3 Should we be treating young diabetics with statins and antihypertensives?

Professor Bryan Williams

Professor of Medicine, Leicester Royal Infirmary

14.50 - 15.00 Discussion

15.00 - 15.30 **TEA**

Session 4 - Panel and Audience Discussion

Led by: Professor Gordon McInnes

Western Infirmary, Glasgow

15.30 - 16.30

Case Presentations

To include:

- ◆ Young hypertensive male
- ◆ Young hypertensive pregnant female / female who wishes to become pregnant
- ◆ Young hypertensive female seeking OCP
- ◆ Elderly systolic hypertension
- ◆ Obese hypertensive
- ◆ The hypertensive with multiple adverse drug reactions

Please bring along your interesting or difficult cases and present your problems from primary care to the panel and audience for discussion

Panel: *Dr. Jane Deal (London)*

Dr. Philip Lewis (Stockport)

Professor Lewis Ritchie (Aberdeen)

Professor Bryan Williams (Leicester)

16.30 **CLOSE OF MEETING**

The programme is correct at time of print and may be subject to change at a later date

MEETING INFORMATION

VENUE

The meeting will be held at the Manchester Conference Centre, which is part of the University of Manchester Institute of Science and Technology (UMIST).

The Conference Centre is just five minutes walk from Piccadilly station. There is also a 15-minute rail shuttle from the station to the airport, which is located 8 miles away. Manchester is well served by the motorway network, with ample parking available at the Conference Centre as well as NCP parking very close by.

ACCOMMODATION & DINNER

Dinner and accommodation (single occupancy) is provided on Monday 17th November 2008 at the Palace Hotel in Oxford Street, a five minute walk from the conference venue. The hotel is a recently refurbished, historical grade II listed building (www.palace-hotel-manchester.co.uk). There is an additional **£75.00 charge for accommodation** (including breakfast). The cost of room extras, e.g. telephone bills, laundry, should be settled directly with the hotel on departure. Any changes to accommodation requirements should be directed to the Secretariat and NOT the hotel. The **cost for dinner is £25.00** which includes a drinks reception, three-course dinner and wine.

Please see the reverse of this invitation for full details on how to register.

CONTINUING PROFESSIONAL DEVELOPMENT

This meeting may be deemed suitable for your Continuing Professional Development (CPD). Attendance Certificates will be issued to all attendees at the end of the meeting.

**BRITISH HYPERTENSION SOCIETY
EXECUTIVE COMMITTEE**

President	Professor Gordon T. McInnes <i>Western Infirmary, Glasgow</i>
Vice-President	Professor Mark Caulfield <i>Barts & The London School of Medicine</i>
Secretary	Professor Alun D. Hughes <i>Imperial College London</i>
Treasurer	Professor Francesco P. Cappuccio <i>Warwick Medical School</i>
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	Professor Donald R.J. Singer <i>Warwick Medical School</i>
	Dr Alex Watson <i>Westgate Health Centre, Dundee</i>
	Dr Ian B. Wilkinson <i>Addenbrooke's Hospital, Cambridge</i>

10th BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE REGISTRATION & ACCOMMODATION FORM

Manchester Conference Centre - Tuesday 18th November 2008

Please complete in BLOCK CAPITALS

Last/Family Name: _____ First Names: _____

Prof/Dr/Mrs/Miss/Ms etc: _____ Male Female

Professional Title: _____ PCT: _____
(e.g. CHD Lead, Prescribing Advisor)

Work Address: _____

Post Code: _____ E-mail*: _____

Business Tel. No: _____ Fax No: _____

** It is important that you provide an email address so that notification can be sent to you when final details of the meeting are available on the website*

REGISTRATION FEE	Payment (inc. VAT)
Includes VAT, access to all scientific sessions, conference materials, lunch & tea/coffee on Tuesday 18 th November 2008:	£68.00

REQUIREMENTS - please tick (✓) relevant boxes			
I will require dinner at the Palace Hotel on Monday 17 th November 2008:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£25.00	
I will require accommodation (single occupancy) on Monday 17 th November 2008 at the Palace Hotel:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£75.00	

TOTAL PAYMENT DUE (inc. VAT): Registration Fee + Accommodation + Dinner =	£
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Special Dietary Requirements: *(conference meals will not contain pork, beef or shellfish)*
 Vegetarian Other, please state foods that you are unable to eat: _____

Access Needs:
 (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc) _____

PAYMENT DETAILS	<u>Please fully complete - all sections are essential in order to process payment</u> All payments to be in GB Pounds Sterling
<input type="checkbox"/> By Cheque/Bank Draft	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> Please deduct the total sum due from:	<p>Credit Card: <input type="checkbox"/> American Express <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa</p> <p>Debit Card: <input type="checkbox"/> Visa Delta <input type="checkbox"/> Maestro</p> <p>Card No: _____</p> <p>Expiry Date: _____ Cardholder's Signature: _____</p> <p>Card Security Code (last 3 digits of code on the back of the card): _____</p> <p><i>Please note that credit card payments are subject to an additional charge (MasterCard, Visa & Amex: 2.95%)</i></p> <p>Name, billing address (inc. post code) of the cardholder: _____</p> <p>_____</p> <p>Maestro only: valid from date: _____ or issue no: _____</p>

By returning your completed registration form you are agreeing to the terms & conditions of the conference, including credit card charges & any cancellation policies for registration fees. Please see 'How to Register' for details. You are also agreeing to your name and town being displayed on the list of delegates.

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

Please return to: BHS Clinical Registration
 Hampton Medical Conferences Ltd., 113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK
 For credit/debit card registrations only - fax: +44 (0) 20 8979 6700

HOW TO REGISTER

REGISTRATION FEES

The major costs incurred by delegates attending the meeting are covered by sponsorship from Bristol-Myers Squibb/Sanofi-aventis, Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals Ltd., Pfizer Ltd. and Takeda UK Ltd. However, a **non-refundable registration fee of £68.00**, which includes VAT, conference materials, lunch and refreshments is required. Please note that there are limited places available so, to avoid disappointment, please register at your earliest convenience. Once these places have been allocated we *may* be able to offer places at the higher rate of £100.00 (non-subsidised). The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as Primary Care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places.

Delegates can register online for the meeting using a secure credit/debit card payment site. Please go to the website www.hamptonmedical.com and click on 'Online Services' and then 'Conference Registration'.

Alternatively a hard copy Registration Form can be found opposite. **All Registration Forms must be accompanied by the appropriate payment.**

PAYMENT INFORMATION

- Payment must be made in GBP £
- Cheques should be made payable to 'Hampton Medical Conferences Ltd.'
- Credit card payments can be made (Visa, MasterCard or American Express) or debit card (Maestro or Visa Delta)
- Credit/debit card payments are subject to an additional charge of 2.95% (for hard copy Registration Forms the charge does not apply to debit card payments)
- Unfortunately we are **unable** to accept online payment using American Express
- Credit/debit card payments cannot be taken over the telephone

CONFIRMATION

Written confirmation and a receipt of payment will be sent to you. We strongly recommend you do not book travel or locum cover until a place is confirmed in writing.

FURTHER INFORMATION

Further meeting information including maps will be available on the following websites two weeks prior to the meeting:

www.bhsoc.org

www.hamptonmedical.com

CANCELLATIONS & REFUNDS

Delegates who are no longer able to attend the meeting should advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £10.00 administration fee, for written cancellations received prior to 24th October 2008. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Payments for accommodation will be refunded in full only if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be accepted at any time. Refunds for dinner tickets can be provided if cancellations are received in writing prior to 24th October 2008. Please note that any refunds due will be paid after the meeting has taken place.

SECRETARIAT

Hampton Medical Conferences Ltd.
113-119 High Street
Hampton Hill
Middlesex, TW12 1NJ, UK

Tel: + 44 (0)20 8979 8300
Fax: + 44 (0)20 8979 6700
Email: hmc@hamptonmedical.com
BHS website: www.bhsoc.org
Secretariat website: www.hamptonmedical.com

LEGAL NOTICES - Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings.

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational financial grants towards the cost of this independent educational meeting

Bristol-Myers Squibb / Sanofi-aventis

Merck Sharp & Dohme Ltd.

Novartis Pharmaceuticals UK Ltd.

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Takeda UK Ltd.



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18th November 2008 - MANCHESTER

HOW TO REGISTER:

-  **1.** FAX the Registration Form on 020 8979 6700
(for credit/debit card payments only)
-  **2.** Send the Registration Form by post to:
BHS Clinical Education Meeting, Hampton Medical Conferences Ltd.
113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, UK
-  **3.** Register online at www.hamptonmedical.com



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18th November 2008 - MANCHESTER



Sender:

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Tel: +44 (0) 20 8979 8300 Fax: +44 (0) 20 8979 6700 Email: hmc@hamptonmedical.com
Web: www.hamptonmedical.com