



# British Hypertension Society

[www.bhsoc.org](http://www.bhsoc.org)

Clinical Education Meeting  
for Primary Care

Hypertension - The Latest Guidance

Suitable for your CPD Programme

Royal College of Physicians  
LONDON

Friday 12th May 2006

**Invitation and Programme**

## BRITISH HYPERTENSION SOCIETY – EXECUTIVE COMMITTEE

<b>President</b>	Professor Morris J. Brown <i>Addenbrooke's Hospital, Cambridge</i>
<b>Vice-President</b>	Professor Gordon T. McInnes <i>Western Infirmary, Glasgow</i>
<b>Secretary</b>	Professor Alun D. Hughes <i>Imperial College, London</i>
<b>Treasurer</b>	Professor Francesco P. Cappuccio <i>Warwick Medical School</i>
<b>Ordinary Members</b>	Dr Adrian Brady <i>Glasgow Royal Infirmary</i>
	Dr Mark Davis <i>Moorfield House Surgery, Leeds</i>
	Professor Thomas M. MacDonald <i>Ninewells Hospital and Medical School, Dundee</i>
	Dr Ian B. Wilkinson <i>Addenbrooke's Hospital, Cambridge</i>

## SPONSORS

The British Hypertension Society would like to express its gratitude to the following companies for providing educational grants towards the cost of the meeting:

Boehringer Ingelheim Ltd.

Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis

Merck Sharp & Dohme Ltd.

Novartis Pharmaceuticals Ltd.

Servier Laboratories Ltd.

Takeda UK Ltd.

## MEETING SECRETARIAT

Hampton Medical Conferences Ltd.,  
113-119 High Street,  
Hampton Hill, Middlesex, TW12 1NJ, U.K.

Tel: + 44 (0)20 8979 8300  
Fax: + 44 (0)20 8979 6700  
Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)  
BHS website: [www.bhsoc.org](http://www.bhsoc.org)  
Secretariat website: [www.hamptonmedical.com](http://www.hamptonmedical.com)

## INVITATION

Dear Colleague

We are pleased to announce the fifth British Hypertension Society Clinical Education Meeting for Primary Care: Hypertension - The Latest Guidance, which will be held at the Royal College of Physicians, London, on Friday 12<sup>th</sup> May 2006.

In the past two years there have been several key studies published indicating the benefits of blood pressure lowering that will have a major impact on the management of hypertension and cardiovascular risk in primary care. These have prompted NICE and the British Hypertension Society to review their guidance with the goal of having a guideline based on the latest evidence which will help to meet the continuing cardiovascular disease challenge.

The British Hypertension Society has developed an educational programme to support best practice and successful implementation of evidence-based management and guidelines. Over 650 General Practitioners, Primary Care Cardiovascular Leads and Lead Pharmacists have attended these meetings. In our fifth meeting we have constructed a programme based on feedback from previous meetings, ranging from considering our progress in reducing cardiovascular disease, hormones and heart disease in women, the effectiveness of lifestyle modification and the draft amendment to the NICE blood pressure guideline.

The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places.

Dinner and accommodation is available on Thursday 11<sup>th</sup> May at the Melia White House Hotel.

We wish to thank our sponsors Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals Ltd., Servier Laboratories Ltd. and Takeda UK Ltd. for providing educational grants towards the cost of the meeting.

We hope that you will take the opportunity to join us at the meeting and look forward to seeing you there.

**Professor Mark Caulfield**  
Chairman  
BHS Educational Programmes Working Party

**Professor Morris Brown**  
President  
British Hypertension Society

## PROGRAMME – Thursday 11<sup>th</sup> May 2006

19.30 *DINNER*  
Melia White House Hotel

## PROGRAMME – Friday 12<sup>th</sup> May 2006

08.00 – 09.00 *REGISTRATION*

### SESSION 1 REDUCING CVD RISK

Chair: **Professor Mark Caulfield**  
*Professor of Clinical Pharmacology and Consultant Physician,  
Barts and the London School of Medicine*

09.00 – 09.30 1.1 National progress in CVD reduction  
**Professor Roger Boyle**  
*National Director for Heart Disease, Department of Health*

09.30 – 09.40 Discussion

09.40 – 10.10 1.2 CVD prevention - exercise and diet for all  
**Professor Simon Thom**  
*Clinical Professor of Cardiovascular Pharmacology, Imperial College, London*

10.10 – 10.20 Discussion

10.20 – 10.50 1.3 What we have learned about hormones and heart disease in women  
**Professor Elizabeth Barrett-Connor**  
*Chief/Professor, Division of Epidemiology, University of California, San Diego, USA*

10.50 – 11.00 Discussion

11.00 – 11.30 *COFFEE*

### SESSION 2 PROGRESS ON CVD INTERVENTION

Chair: **Professor Morris Brown**  
*Professor of Clinical Pharmacology, University of Cambridge*

11.30 – 11.45 2.1 Latest evidence in hypertension treatment  
**Professor Neil Poulter**  
*Professor of Preventive Cardiovascular Medicine, Imperial College, London*

11.45 – 11.50 Discussion

11.50 – 12.05 2.2 Lipid lowering in blood pressure – latest advances  
**Professor Mark Caulfield**  
*Professor of Clinical Pharmacology and Consultant Physician,  
Barts and the London School of Medicine*

12.05 – 12.10 Discussion

12.10 – 12.30 2.3 Preventing the explosion of diabetes  
**Professor Naveed Sattar**  
*Professor of Metabolic Medicine, University of Glasgow*

12.30 – 12.40 Discussion

12.40 – 13.40 *LUNCH*

## PROGRAMME continued

### SESSION 3

### MEASUREMENT, TREATMENT RESISTANCE AND THE PATIENTS' PERSPECTIVE

Chair: To be confirmed

13.40 – 14.00 3.1 Blood pressure monitoring and primary care  
**Professor Eoin O'Brien**  
*Professor of Cardiovascular Pharmacology, Beaumont Hospital, Dublin, Ireland*

14.00 – 14.10 Discussion

14.10 – 14.30 3.2 Managing difficult hypertensive cases  
**Professor Morris Brown**  
*Professor of Clinical Pharmacology, University of Cambridge*

14.30 – 14.40 Discussion

14.40 – 14.55 3.3 Life with hypertension  
**Mr Mark Cumberland**  
*Blood Pressure Association Member*

14.55 – 15.00 Discussion

15.00 – 15.30 *TEA*

### SESSION 4

### THE NICE AND BHS GUIDELINE REVIEW

Led by: **Professor Bryan Williams**  
*Professor of Medicine, University of Leicester*

15.30 – 17.00 Interactive session, to focus on:

- How the guidance differs
- Thresholds
- Targets
- Concomitant medication
- Special groups
- Which drugs?
- Fixed dose combinations
- Patients views
- Practical issues

Panel: Morris Brown (Cambridge)  
Mark Caulfield (London)  
Mark Cumberland (Blood Pressure Association Member)

17.00 *CLOSE of MEETING*

*The programme is correct at the time of printing and the Secretariat accepts no liability for changes made at a later date.*

## MEETING INFORMATION

### VENUE:

The Royal College of Physicians occupies a Grade I listed modern building overlooking Regent's Park, with excellent conference facilities. The College is conveniently located in the centre of London and is easily reached by all methods of transport. It is within walking distance from three underground stations: Baker Street, Great Portland Street and Warren Street (servicing the Bakerloo, Circle, Metropolitan, Hammersmith, Victoria and Northern lines), connecting with main line rail terminals and airports.

### REGISTRATION and PAYMENT:

The major costs incurred by delegates attending the meeting are covered by sponsorship from Boehringer Ingelheim Ltd., Bristol-Myers Squibb Pharmaceuticals Ltd. / sanofi-aventis, Merck Sharp & Dohme Ltd., Novartis Pharmaceuticals Ltd., Servier Laboratories Ltd. and Takeda UK Ltd. However, a nominal **non-refundable registration fee of £30.00** which includes VAT, conference materials, lunch and refreshments is required. Also, there is an additional payment of **£70.00 for accommodation** and **£25.00 for dinner** on the evening of Thursday 11<sup>th</sup> May.

Places at the meeting are strictly limited so, to avoid disappointment, please register at your earliest convenience. The meeting is primarily aimed at Primary Care Trust GP leads in CHD, diabetes and stroke, as well as primary care Pharmacists and Supplementary Prescribers in cardiovascular risk. Other healthcare professionals may be accepted depending on availability of places. In order to register to attend the meeting, please complete the Registration Form and return to the Secretariat together with payment. Payment can be made by cheque, payable to Hampton Medical Conferences, credit card (Visa, MasterCard or American Express) or debit card (Switch, Maestro or Visa Delta). Please note that credit card payments incur an additional charge on Amex, MasterCard & Visa of 2.95%. Places at the meeting cannot be reserved in the absence of a registration form and payment. Credit/debit card payments cannot be taken over the telephone as written authorisation is required.

Registration can be made **on-line** for the meeting using a secure credit card payment site. Book on-line at [www.hamptonmedical.com](http://www.hamptonmedical.com) and click on 'Events' go to 'BHS Clinical Education Meeting for Primary Care 2006'. Please note that debit and credit cards incur a charge of 2.95% when used for on-line payments. Unfortunately we are unable to accept on-line payments using American Express.

Upon receipt of registration forms, delegates will be sent written confirmation of their place, together with a receipt for payment. We strongly recommend you do not book travel or locum cover until a place is confirmed in writing. Further meeting information including maps will be available on the websites two weeks prior to the meeting, [www.bhsoc.org](http://www.bhsoc.org) and [www.hamptonmedical.com](http://www.hamptonmedical.com).

### DINNER and ACCOMMODATION

Dinner and accommodation (single occupancy) is provided on Thursday 11<sup>th</sup> May 2006 at the Melia White House Hotel. The hotel is located in Albany Street, next to Regent's Park and is a 5 minute walk from the Royal College of Physicians. There is an additional £70.00 charge for accommodation (including breakfast). The cost of room extras, e.g. telephone bills, laundry, should be settled directly with the hotel on departure. Any changes to accommodation requirements should be directed to the Secretariat and NOT the hotel. The cost for dinner will be £25.00 which includes a drinks reception, three-course dinner and wine with the meal.

### CANCELLATIONS and REFUNDS

It would be appreciated if delegates who are no longer able to attend the meeting could advise the Secretariat in writing as soon as possible. Registration fees will only be refunded, less a £10.00 administration fee, for written cancellations received prior to 12<sup>th</sup> April 2006. Refunds will not be made for cancellations received after this date, but name substitutions will be accepted at any time. Please note that any refunds due will be paid after the meeting has taken place.

Payments for accommodation will be refunded in full only if the Secretariat can resell the bedrooms and provided that written notice of cancellation is received. Name substitutions will be accepted at any time. Refunds for dinner tickets can be provided if cancellations are received in writing prior to 28<sup>th</sup> April 2006.

### LEGAL NOTICES – Disclaimer & Privacy Statement

All best endeavours will be made to present the programme as printed. However, the Conference Secretariat reserve the right to alter or cancel, without prior notice, any of the arrangements, timetables or plans relating directly or indirectly to the conference or exhibition, for any cause beyond their reasonable control. The Meeting Secretariat is not liable for any loss or inconvenience caused as a result of such alterations. Participants are advised to take out their own travel insurance and to extend their personal policy to cover personal possessions: the conference does not cover individuals against cancellations of bookings or theft of belongings

In the event that the meeting is cancelled by the organisers, or cannot take place for any reason outside the control of the organisers, the registration fee shall be refunded in full. The liability of the organisers shall be limited to that refund and the organisers shall not be liable for any other loss, cost or expense, howsoever caused, incurred or arising.

The Secretariat will hold and process your personal details on our database. This information is necessary for the legitimate management of this meeting, which may include it being available to any organising/sponsoring company. We may also use these details to provide you with information of other conferences or events. Please advise us should any of your details change. You may of course remove your details from our database by advising us in writing, at any time.

## REGISTRATION & ACCOMMODATION FORM BHS CLINICAL EDUCATION MEETING FOR PRIMARY CARE Royal College of Physicians, London – Friday 12<sup>th</sup> May 2006

Please complete clearly and in BLOCK CAPITALS

Last Name/Surname: ..... First Names: .....

Prof/Dr/Mrs/Miss etc: .....  Male  Female

Professional Title: ..... PCT: .....  
(eg CHD Lead, Prescribing Advisor)

Work Address: .....

..... City: .....

Post Code: ..... E-mail: .....

Business Tel. No: ..... Fax No: .....

REGISTRATION FEE	Payment (inc. VAT)	
Includes VAT, access to all scientific sessions, conference materials, lunch & tea/coffee on Friday 12 <sup>th</sup> May	£30.00	
REQUIREMENTS - please tick (✓) relevant boxes		
I will require dinner at the Melia White House Hotel on Thursday 11 <sup>th</sup> May 2006:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£25.00
I will require accommodation (single occupancy) on Thursday 11 <sup>th</sup> May 2006 at the Melia White House Hotel:	<input type="checkbox"/> Yes <input type="checkbox"/> No	£70.00

**TOTAL PAYMENT DUE (inc. VAT): Registration Fee + Accommodation + Dinner =** £

**Special Dietary Requirements:** (conference meals will not contain pork, beef or shellfish)  
 Vegetarian  Other, please state foods that you are unable to eat: .....

**Access Needs:**  
 (please specify e.g. wheelchair user, mobility difficulties, hearing impaired etc) .....

PAYMENT DETAILS	<i>Please fully complete - all sections are essential in order to process payment All payments to be in GB Pounds Sterling</i>
<input type="checkbox"/> <b>By Cheque/Bank Draft</b>	Payable to 'Hampton Medical Conferences Ltd.' and drawn on a UK bank.
<input type="checkbox"/> <b>Please deduct the total sum due from:</b>	<b>Credit Card:</b> <input type="checkbox"/> MasterCard <input type="checkbox"/> Visa <input type="checkbox"/> American Express <b>Debit Card:</b> <input type="checkbox"/> Switch/Maestro <input type="checkbox"/> Visa Delta Card No: _____ Expiry Date: _____ Cardholder's Signature: _____ Card Security Code (last 3 digits of code on the back of the card): _____ Name, billing address & tel. no. of the cardholder: _____ _____ _____ <i>Please note credit card payments are subject to an additional charge (MasterCard, Visa &amp; Amex: 2.95%)</i> <b>Switch only:</b> valid from date: _____ or issue no: _____

**By returning your completed registration form you are agreeing to the terms and conditions of the conference, including cancellation policies for registration fees and accommodation charges on the preceding pages. You are also agreeing to your name and town being displayed on the List of Participants.**

Hampton Medical Conferences may make your contact details available to selected third parties that may be of interest to you. If you do NOT want your details to be passed on, please tick here:

**Please return to:** BHS Clinical Education Registration  
Hampton Medical Conferences Ltd.  
113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ, U.K.  
Fax: +44 (0) 20 8979 6700 for credit/debit card registrations only



**BHS**

[www.bhsoc.org](http://www.bhsoc.org)

## **Secretariat:**

Hampton Medical Conferences Ltd.,  
113-119 High Street, Hampton Hill, Middlesex, TW12 1NJ

Tel: 020 8979 8300 Fax: 020 8979 6700

Email: [hmc@hamptonmedical.com](mailto:hmc@hamptonmedical.com)

Web: [www.hamptonmedical.com](http://www.hamptonmedical.com)